

Music Recommendations  
First Sunday of Lent - Year C  
Sunday 9 March 2025

The following reading references, psalm responses, antiphons and music recommendations are provided to assist music coordinators in preparing for their particular parish community Mass.

### Readings

#### 1st Reading

Dt 26:4-10

*The confession of faith of the elect.*

#### Responsorial Psalm [PAT1-91]

Ps 90 (91):1-2. 10-15. R. v.15

Be with me, Lord, when I am in trouble.

#### 2nd Reading

Rom 10:8-13

*The confession of faith of the believers in Christ.*

#### Gospel Acclamation [GA-vL2]

Mt 4:4

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone,  
but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

#### Gospel

Lk 4:1-13

*Filled with the Holy Spirit, Jesus was led by the Spirit through the wilderness where he was tempted.*

### Antiphons

#### Entrance Antiphon

Cf. Ps 90 (91):15-16

When he calls on me, I will answer him;  
I will deliver him and give him glory,  
I will grant him length of days.

#### Communion Antiphon

Mt 4:4

One does not live by bread alone,  
but by every word that comes forth from the  
mouth of God.

or

Cf. Ps 90 (91):4

The Lord will conceal you with his pinions,  
and under his wings you will trust.

#### Music for RITE OF ELECTION

(also suitable for Parish Rite of Sending)

PAT3-33c

Blessed are the people the Lord has chosen,  
chosen to be his own

CWBII-94

By our name you call us

CWBII-95

Chosen to be God's own

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**Acknowledgements:** Excerpts from the English translation of *Lectionary for Mass* © 1969, 1981, International Commission on English in the Liturgy Corporation, (ICEL); excerpts from the English translation of *The Roman Missal* © 2010, ICEL. Excerpts from the *Liturgical Song Recommended Repertoire*. <http://www.liturgicalsong.com/suggestions>

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**Key to Relevance and Copyright Comments:** Some of the recommended songs have a particular relevance to the readings and antiphons of the day, as indicated in the *Relevance* column. Relevant copyright licenses are indicated by letters in the © column: \* - denotes the song contains a direct quotation or reference to one of the texts of the day.

Letters or numbers in the relevance area indicate the song has a clear relation to one or more of the texts of the day, as follows:

**E** - Entrance Antiphon, **1** - 1st Reading, **R** - Responsorial Psalm, **2** - 2nd Reading, **S** - Sequence, **A** - Acclamation, **G** - Gospel, **O** - Offertory Antiphon, **C** - Communion Antiphon; under ©: **P** - Public domain, **L** - OneLicense, **S** - Spirit & Song **C** - CCLI



Entrance  
 Penitential Act  
 Sprinkling Rite  
 Glory to God  
 Responsorial Psalm  
 Gospel Acclamation  
 Offertory  
 Holy Holy Holy  
 Memorial Acclamation  
 Amen  
 Our Father  
 Lamb of God  
 Communion  
 Song of Praise  
 Sending Forth

## Song

Relevance © Resource Reference

Song	Entrance	Penitential Act	Sprinkling Rite	Glory to God	Responsorial Psalm	Gospel Acclamation	Offertory	Holy Holy Holy	Memorial Acclamation	Amen	Our Father	Lamb of God	Communion	Song of Praise	Sending Forth
<b>Holy, Holy, Holy (Mass Shalom)</b> L CWBII-27f AOV1-195 MSH-6 MPS-28	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Holy, Holy, Holy (Mass XVIII - Chant)</b> P CWBII-11 CHANT-7	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Hosea (Come back to me)</b> L AOV1-30 CWB-715 GA-213 LC-55	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>I will choose Christ</b> G L AOVNG-76	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Kyrie (Glendalough Mass)</b> L GLEN-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Kyrie (Mass XVI - Chant)</b> P CWBII-4b CHANT-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lamb of God (Glendalough Mass)</b> L GLEN-10	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lamb of God (Mass of Glory and Praise)</b> L CWBII-25k MGP-11 MPS-19 MPS-20	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lamb of God (Mass Shalom)</b> L CWBII-27k AOV1-195 MSH-10 MPS-33	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lamb of God (Mass XVIII - Chant)</b> P CWBII-17 CHANT-8	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lenten Acclamation (Mass of Glory and Praise)</b> L CWBII-25d MGP-4 MPS-8 GOS-6	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>* Lenten Acclamation (Mass Shalom)</b> A L CWBII-27e AOV1-195 MSH-5 MPS-27 GOS-7	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Let all mortal flesh keep silence</b> P L C CWBII-533 GA-190 NLP-129 TiS-497	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<b>Lord, have mercy (Chant)</b> P CWBII-4a CHANT-1	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lord, have mercy (Mass of Glory and Praise)</b> L MPS-4 CWBII-25a	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Lord, have mercy (Mass Shalom)</b> L CWBII-27a AOV1-195 MSH-1 MPS-23	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Now in this banquet</b> L GA-197	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>O God, our help in ages past</b> P L C CWBII-568 AOV1-175 CWB-767 GA-459 TiS-047 TS-905	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>O Sun of justice (Jesu dulcis memoria)</b> L CWBII-178 CWBII-179 RS-544	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>* On Eagle's Wings (You who dwell in the shelter of the Lord)</b> R G C L CWBII-654 AOV1-153 GA-452 TiS-48 LC-89	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<b>Only a shadow (The love I have for you O Lord)</b> L AOV1-133	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Entrance  
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## Song

**Relevance** © Resource Reference

### Our Father / The Lord's Prayer (Chant)

**P** CWBII-14a GA-7 CHANT-8

### Our Father / The Lord's Prayer (Mass of Glory and Praise)

**L** MGP-10 MPS-18

### Out of darkness

**2** **L** AOV1-134 GA-504

### Penitential Act (Mass of Glory and Praise)

**L** CWBII-25a MGP-1 MPS-5

### Penitential Act (Mass Shalom)

**L** CWBII-27b AOV1-195 MSH-2 MPS-24

### Praise to you, O Christ our Saviour

**2** **G** **L** CWBII-587 AOV1-028 GA-407 TiS-258 LC-96

### \* Psalm 91: Be with me, Lord (C.Smith)

**R** **C** **E** **L** RPY-C-21

### \* Psalm 91: Be with me, Lord (J.Gelineau/C)A)Peloquin)

**R** **C** **E** **L** CWB-203 LPG-793

### \* Psalm 91: Be with me, Lord (J.O'Brien)

**R** **C** **E** PSY-C-26

### Reshape my heart

**L** HSS-11

### \* Return to God

**G** **L** CWBII-298 GA-304 LC-100

### Sanctus (Mass VIII - de Angelis)

**P** CWBII-70a CHANT-7 GM-105

### Save us, Saviour of the world (Chant)

**P** CWBII-12c CHANT-7

### Save us, Saviour of the world (Glendalough Mass)

**L** GLEN-7

### Save us, Saviour of the world (Mass of Glory and Praise)

**L** CWBII-25h MGP-8 MPS-15

### Save us, Saviour of the world (Mass Shalom)

**L** CWBII-27i AOV1-195 MSH-9 MPS-31

### \* Seasonal Psalm 91: Be with me, Lord (C.Willcock)

**R** **C** **E** **L** PFS-16

### \* Seasonal Psalm 91: Be with me, Lord (M. Haugen)

**R** **C** **L** LP-C-34

### \* Seasonal Psalm 91: Be with me, Lord (P.Mason)

**R** **C** **E** **L** PAT1-91

### Seek, O seek the Lord

**2** **L** CWBII-595 CWB-802 GA-211 NLP-219 TiS-464 LC-102

### \* The glory of these forty days

**G** **L** CWBII-301 CWB-825



## Song

**Relevance** © Resource Reference

### Resource List

Abbrev.	Title	Publisher	Composer (s)	Availability
AHB	Australian Hymn Book	Collins	Various	Out Of Print
AOV1	As One Voice vol. 1	Willow Publishing	Various	<a href="http://asonevoice.com.au">asonevoice.com.au</a>
AOV2	As One Voice vol. 2	Willow Publishing	Various	<a href="http://asonevoice.com.au">asonevoice.com.au</a>
AOVNG	As One Voice Next Generation	Willow Publishing	Various	<a href="http://asonevoice.com.au">asonevoice.com.au</a>
CHANT	Missa Cantata	CTS	arr. G Cox	<a href="http://ctsbooks.org">ctsbooks.org</a>
CWB	Catholic Worship Book	Collins / E.J.Dwyer	Various	Out Of Print
CWBII	Catholic Worship Book II	Morning Star	Various	<a href="http://morningstarpublishing.net.au">morningstarpublishing.net.au</a>
GA	Gather Australia	NLMC Publications	Various	Out Of Print
GLEN	Glendalough Mass	GIA	Liam Lawton	<a href="http://giamusic.com">giamusic.com</a>
GOS	Gospel Acclamations	Liturgical Song	Various	<a href="http://liturgicalsong.com">liturgicalsong.com</a>
HSS	Hymns & Spiritual Songs	Liturgical Song	Various	<a href="http://liturgicalsong.com">liturgicalsong.com</a>
LITMUS	Various Compilations	Litmus Productions	Michael Mangan	<a href="http://litmusproductions.com">litmusproductions.com</a>
LP	Lyric Psalter	GIA	Alonso, Haugen	<a href="http://giamusic.com">giamusic.com</a>
LPGG	Psalms: Revised Grail / Gelieau	GIA	J Gelineau sj	<a href="http://giamusic.com">giamusic.com</a>
MCH	Mass of Christ the Redeemer	OCP	B Kirkpatrick	<a href="http://ocp.org">ocp.org</a>
MCY	Masses for the Church's Year	Liturgical Song	Roger Heagney	<a href="http://liturgicalsong.com">liturgicalsong.com</a>
MGP	Mass of Glory and Praise	Liturgical Song	Paul Mason	<a href="http://liturgicalsong.com">liturgicalsong.com</a>
MiM	Missa Magis	OCP	C Willcock sj	<a href="http://ocp.org">ocp.org</a>
MOLHC	Mass, Our Lady Help of Christians	Cantica Nova	R Connolly	<a href="http://asonevoice.com.au">asonevoice.com.au</a>
MPS	Masses for Parish & School	Liturgical Song	Mason & Smith	<a href="http://liturgicalsong.com">liturgicalsong.com</a>
MSF	Mass of St Francis	Willow Publishing	Paul Taylor	<a href="http://asonevoice.com.au">asonevoice.com.au</a>
MSH	Mass Shalom	Liturgical Song	Smith & Mason	<a href="http://liturgicalsong.com">liturgicalsong.com</a>
NLP	New Living Parish Hymnal	E.J. Dwyer	Various	Out Of Print
PAT	Psalms for All Time	Liturgical Song	Paul Mason	<a href="http://liturgicalsong.com">liturgicalsong.com</a>
PCY	Psalms for the Church's Year	Liturgical Song	Roger Heagney	<a href="http://liturgicalsong.com">liturgicalsong.com</a>
PFS	Psalms for Feasts and Seasons	OCP	C Willcock sj	Out Of Print
PSY	Psalms for Sundays of the Year	Jenny O'Brien	Jenny O'Brien	Out Of Print
RPY	Responsorial Psalms for the Year	Willow Publishing	Colin Smith cfc	<a href="http://asonevoice.com.au">asonevoice.com.au</a>
SSP	Simply Singable Psalms	Liturgical Song	Anne Millard	<a href="http://liturgicalsong.com">liturgicalsong.com</a>
SS	Spirit & Song	OCP	Various	<a href="http://ocp.org">ocp.org</a>
TiS	Together in Song	Harper Collins	Various	Out Of Print
TS	The Source Volume 1	Kevin Mayhew	Various	<a href="http://amazon.com.au">amazon.com.au</a>